

Risk Assessment for Circulation and Movement

Lab

Activity	Hazard	Precaution	Risk
Bones	None identified	None needed	Negligible
Circulation	Raised blood pressure	Ensure students have no medical problems with exercise by raising issue with class and staff before activity	Low
Circulation	Trip hazard when exercising	Students should exercise on the spot	Low
Muscle Board	Moving parts	Demonstrate how to use apparatus safely at start	Very low
Breathing bags	Contamination & infection	<ul style="list-style-type: none"> • Each child gets a new disposable mouthpiece. • Used mouthpieces disposed of immediately. • Bags disinfected before storage. 	Low